## St. John Paul II

## January 2016

### **HOT LUNCH**

Price: Student - No Charge

#### SERVED DAILY

Regular Entrée

Fresh Green Salad - Garden, Caesar, Spinach Mix, Oriental, OR Mediterranean

Fresh Veggies - Carrots, Broccoli, Zucchini, OR Celery

Low Fat Dressing/Dip

Fresh Fruit - Apple, Orange, OR Banana

Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
2nd	3rd	4th	5th	6th
No School	Soft Shell Beef Taco Refried Beans Salad, Fruit, Milk	BBQ Chicken Leg Steamed Corn & Biscuit Salad, Fruit, Milk	Bag Lunch Multi-Cheese Wrap Baked Chips Veggies, Fruit, Milk	Cheesy Breadsticks w/ Marinara Sauce Salad, Veggies, Fruit, Milk
9th	10th	11th	12th	13th
Beef & Bean Chili Corn Muffin Salad, Veggies, Fruit, Milk	Mac & Cheese Soft Breadstick Salad, Veggies, Fruit, Milk	Bag Lunch Turkey Salami on Bun Veggies & Hummus Dip Fruit, Milk	Beef & Cheese Stuffed Potato & Roll Salad, Fruit, Milk	Chicken Fajita Black Beans Salad, Fruit, Milk
16th	17th	18th	19th	20th
No School	Cheese Enchilada Bake Pinto Beans Veggies, Fruit, Milk	Chicken Philly Potato Wedges Veggies, Fruit, Milk	Pasta w/ Meatballs Soft Breadstick Salad, Veggies, Fruit, Milk	Cheesy Breadsticks w/ Marinara Sauce Salad, Veggies, Fruit, Milk
23rd	24th	25th	26th	27th
Salisbury Steak Steamed Corn & Biscuit Salad, Fruit, Milk	Chicken Kofta Mediterranean Rice Pilaf Salad, Veggies, Fruit, Milk	Beef Lasagna Dinner Roll Salad, Veggies, Fruit, Milk	Chicken & Cheese Taco Refried Beans Veggies, Fruit, Milk	Mac & Cheese Soft Breadstick Salad, Veggies, Fruit, Milk

BBQ Beef Sub
Potato Salad
Veggies, Fruit, Milk

BBQ Beef Sub
Potato Salad
Veggies, Fruit, Milk

Teriyaki Chicken Leg
Baked Beans & Roll
Veggies, Fruit, Milk
Veggies, Fruit, Milk

SNACK

Price: Student - No Charge

Multi-Grain Bar Fruit Juice

Animal Crackers Fruit Juice

Sun Chips Multi-Grain Bar Pretzels Fruit Juice

Fruit Juice

Fruit Juice

Fruit Juice

### MENUS SUBJECT TO INFREQUENT CHANGE BASED ON AVAILABILITY OF ITEMS

Note: Menus may use ingredients that contain peanuts, other nuts/seeds, milk, egg, soybean, and other products.

This institution is an equal opportunity provider.

# Our Commitment "Healthy Food, Healthy Message" We provide wholesome, delicious, real food

that helps teach the right message to children.

### ANY QUESTIONS? CONTACT:

School Office or DONE RIGHT FOOD @ 763-789-4493 or www.donerightfood.com